



Westbank
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Marrero, LA 70072
Phone: 504-349-6401

Uptown
2820 Napoleon Ave., Suite 720
New Orleans, LA 70115
Phone: 504-896-8670

Metairie
4228 Houma Blvd., Suite 520
Metairie, LA 70006
Phone 504-456-8020

General Instructions:

- For your examination to be successful, you must follow these instructions carefully to ensure that your colon is properly cleansed.
- Notify your physician if you are taking blood thinners (Coumadin, Plavix, etc.) immediately for additional instructions. **You do not have to discontinue aspirin.**
- **You will be sedated for this procedure and will not be allowed to drive yourself home.** You must arrange for someone to drive you home.
- Some nausea is to be expected, but **if you experience vomiting while taking this prep, please call your physician's office.**
- Expect multiple bowel movements. Remain close to toilet facilities.
- If you have any questions, please call your physician's office at the number listed above.

Two Days Before the Procedure:

Your doctor has given you a prescription for Colyte. Have the prescription filled at your pharmacy. You also need to purchase two Dulcolax tablets.

The Day Before the Procedure:

- Drink only *clear liquids** all day starting with breakfast. **Solid foods, milk or milk products are not allowed.**

*** Clear liquids include:**

- Water, clear broth or bouillon
- Strained fruit juices without pulp (apple, white grape, lemonade)
- Ginger ale, coffee or tea without milk or non-dairy creamer
- Any of the following that are **not** colored red or purple: Gatorade®, soft drinks, Kool-Aid®, plain Jello®, ice Popsicles.

- **At 4:00 p.m.:**
 - Take two Dulcolax tablets. Follow with a full glass of clear liquid.
 - Add water to the Colyte container obtained from your pharmacy. Shake and refrigerate.
- **At 7:00 p.m.:**
 - Drink an 8-ounce glass of Colyte solution every 15 to 20 minutes until one-half of the solution is consumed.
- **Drink plenty of clear liquids throughout the day.**

The Day of the Procedure:

- **At _____ a.m.:**
 - Drink an 8-ounce glass of Colyte solution every 15 to 20 minutes until you finish the entire container of the solution.
- You may take your usual medications **except diabetic medicine** with a small amount of water.

Nothing to eat or drink, even water, after Colyte!